



Oakland Unified School District

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Legislation Text

File #: 14-1176, **Version:** 1

Ratification by the Board of Education of a Professional Services Contract between the District and Nioga Institute, Oakland, CA, for the latter to provide a 6-hour course named Transformative Life Skills, a multi-modality intervention integrating Mindful Yoga, Breathing Techniques and Meditation, for up to 50 District staff from three schools - Oakland High, Garfield Elementary, and Acorn Woodland Elementary, focusing on self-care, as described in the Scope of Work, Incorporated herein by reference as though fully set forth via the Family, Schools and Community Partnerships Department, for the period of February 3, 2014 through May 30, 2014, in an amount not to exceed \$15,000.00.