



# Oakland Unified School District

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## Legislation Details

**File #:** 14-1185      **Version:** 1      **Name:** Professional Services Contract - Shahara Godfrey - Health and Wellness - Family, School, and Community Partnerships Department

**Type:** Agreement or Contract      **Status:** Passed

**File created:** 5/26/2014      **In control:** Finance and Human Resources Committee

**On agenda:** 6/25/2014      **Final action:** 6/25/2014

**Enactment date:** 6/25/2014      **Enactment #:** 14-1163

**Title:** Ratification by the Board of Education of a Professional Services Contract between the District and Shahara Godfrey, Vacaville, CA, for the latter to offer a 6 hour course called Introduction to Mindfulness, over a 6 weeks period, for one hour serving up to 50 participants, covering how to reduce stress, increase copings skills and cumulative empathy for oneself and others, learning the science behind mindfulness and building up a personal mindfulness practice, via the Family, School, and Community Partnerships Department, for the period of February 19, 2014 through April 30, 2014, in an amount not to exceed \$2,200.00.

**Sponsors:**

**Indexes:**

**Code sections:**

**Attachments:** 1. 14-1185 Professional Services Contract - Shahara Godfrey - Health and Wellness - Family, School, and Community Partnerships Department

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Date	Ver.	Action By	Action	Result
6/25/2014	1	Board of Education	Adopted on the General Consent Report	Pass