



Oakland Unified School District

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Legislation Details (With Text)

File #: 14-1185 **Version:** 1 **Name:** Professional Services Contract - Shahara Godfrey - Health and Wellness - Family, School, and Community Partnerships Department

Type: Agreement or Contract **Status:** Passed

File created: 5/26/2014 **In control:** Finance and Human Resources Committee

On agenda: 6/25/2014 **Final action:** 6/25/2014

Enactment date: 6/25/2014 **Enactment #:** 14-1163

Title: Ratification by the Board of Education of a Professional Services Contract between the District and Shahara Godfrey, Vacaville, CA, for the latter to offer a 6 hour course called Introduction to Mindfulness, over a 6 weeks period, for one hour serving up to 50 participants, covering how to reduce stress, increase copings skills and cumulative empathy for oneself and others, learning the science behind mindfulness and building up a personal mindfulness practice, via the Family, School, and Community Partnerships Department, for the period of February 19, 2014 through April 30, 2014, in an amount not to exceed \$2,200.00.

Sponsors:

Indexes:

Code sections:

Attachments: 1. 14-1185 Professional Services Contract - Shahara Godfrey - Health and Wellness - Family, School, and Community Partnerships Department

Contact: Joanna.Locke@ousd.k12.ca.us

| Date | Ver. | Action By | Action | Result |
|-----------|------|--------------------|---------------------------------------|--------|
| 6/25/2014 | 1 | Board of Education | Adopted on the General Consent Report | Pass |

Ratification by the Board of Education of a Professional Services Contract between the District and Shahara Godfrey, Vacaville, CA, for the latter to offer a 6 hour course called Introduction to Mindfulness, over a 6 weeks period, for one hour serving up to 50 participants, covering how to reduce stress, increase copings skills and cumulative empathy for oneself and others, learning the science behind mindfulness and building up a personal mindfulness practice, via the Family, School, and Community Partnerships Department, for the period of February 19, 2014 through April 30, 2014, in an amount not to exceed \$2,200.00.