

## Oakland Unified School District

Board of Education 1011 Union Street, #940 Oakland, CA 94607 (510) 879-1944 boe@ousd.org E-Mail http://www.ousd.org

## Legislation Details

File #: 13-0730 Version: 1 Name: Professional Services Contract - Rebecca Adams -

Health and Wellness - Family, School, and

Community Partnerships Department

Type: Agreement or Contract Status: Passed

File created: 5/8/2013 In control: Finance and Human Resources Committee

On agenda: Final action: 6/12/2013

Enactment date: 6/12/2013 Enactment #: 13-1018

Title: Ratification by the Board of Education of a Professional Services Contract between the District and

Rebecca Adams, El Cerrito, CA for the latter to provide a 10-week yoga class series that will include

physical posturing, breathing exercises, and mindfulness meditation practices, serving as an energizing, physically rooted outlet for stress release and will introduce staff to stress management techniques for staff at Burbank Elementary and Oakland High Schools, for the period of March 18,

2013 through June 13, 2013, in an amount not to exceed \$1,011.00.

Sponsors:

Indexes:

Code sections:

Attachments: 1. 13-0730 Professional Services Contract - Rebecca Adams - Health and Wellness - Family, School,

and Community Partnerships Department

Contact: Joanna.Locke@ousd.k12.ca.us

Date	Ver.	Action By	Action	Result
6/12/2013	1	Board of Education	Adopted on the General Consent Report	Pass