



# Oakland Unified School District

Board of Education  
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## Legislation Text

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**File #:** 13-0864, **Version:** 1

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Ratification by the Board of Education of a Professional Services Contract between the District and Kathleen Hogan, Oakland, CA, for the latter to provide mindfulness classes to Glenview Elementary School staff, through the Family, School, and Community Partnerships Department, twice weekly for 30-45 minutes; practices include body scans, progressive muscle relaxation techniques, breathing exercises, relaxation techniques, psycho-education information and review; instruction and practice of journaling for stress relief, for the period of March 6, 2013 through June 11, 2013, in an amount not to exceed \$896.00.  
[Enter body here.]