



Oakland Unified School District

Board of Education
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Legislation Text

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Ratification by the Board of Education of a Services Agreement 2022-2023 by and between the District and The Teaching Well, Oakland, CA, for the latter to design and facilitate professional development sessions that build the capacity of teacher mentors to attend to the SEL and wellness of their mentees; develop and facilitate workshops that build participants' skills and language around self-care, community care, work-life balance, and sustainability, so they can better serve students and communities; provide one-to-one mentoring for 30 minutes 2x/month for participating educators, using personalized sessions of mindfulness, somatic practices, and emotional processing support strategies to help educators build habits that increase individual and collective sustainability, via the Community Schools and Student Services Department, for the period of July 25, 2022 through June 30, 2023, in an amount not to exceed \$21,825.00.