



Oakland Unified School District

Board of Education
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Legislation Text

File #: 13-0730, Version: 1

Ratification by the Board of Education of a Professional Services Contract between the District and Rebecca Adams, El Cerrito, CA for the latter to provide a 10-week yoga class series that will include physical posturing, breathing exercises, and mindfulness meditation practices, serving as an energizing, physically rooted outlet for stress release and will introduce staff to stress management techniques for staff at Burbank Elementary and Oakland High Schools, for the period of March 18, 2013 through June 13, 2013, in an amount not to exceed \$1,011.00.
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