

Continuum Element	Activity Type
Career Awareness	Guest Speaker
	Career Day (on campus)
	Industry feedback on student projects
Career Exploration	Informational Interviews (off campus)
	Job Shadow Days
	Career Exploration Visit (including off campus trades fairs)
	Mentoring Relationships (on or off campus ongoing )
	Career Themed College Visit
Career Preparation	Internship - Unpaid
	Internship - Paid
	Outside Work Experience
Other Career Readiness	Resume Review (with outside professional)
	Mock Interview (with outside professional)